

De-Tong Ling Retreat Centre  
General Information for Use of Retreat Facilities

De-Tong Ling Retreat Centre aims to provide the perfect conditions for solitary meditation retreat. To create this, De-Tong Ling management requires all retreaters to abide by the five Buddhist precepts and the general rules of the retreat centre while residing at De-Tong Ling (see below). We also ask all applicants to consider that the unique and very isolated conditions of the retreat centre, while highly beneficial for meditation practice, might not be the best environment for even experienced practitioners during times of stress or challenge.

*General Rules*

The retreatant agrees to :

- provide explicit information about means of payment for use of facilities and services before entering into retreat.
- provide a retreat schedule / timetable before beginning retreat.
- pay all monies owing in full before vacating the premises.
- not bring or keep any pets into the retreat centre
- refrain from playing music or musical instruments.
- refrain from bringing reading material or books not related to the specific retreat.
- establish a clear retreat boundary with De-Tong Ling management before beginning retreat.
- refrain from entering other retreat boundaries unless specifically invited.
- refrain from approaching other retreatants unless specifically invited.
- refrain from entering residences on adjoining Yacca Creeks except in cases of emergency or if there has been a prior arrangement made with residents.
- vacate the retreat house at the end of the specified time unless an extension has been granted by De-Tong Ling management.
- leave the retreat house clean and in good repair and pay for any damage beyond normal wear and tear.
- remove all personal items upon vacating.

The retreatant also agrees to vacate the premises if De-Tong Ling management, in consultation with the retreat supervisor, deem it necessary to terminate the retreat.

*The Five Precepts*

1. Not to kill any living being
2. Not to steal or take what is not offered
3. Not to engage in sexual activity
4. Not to lie
5. Not to take any intoxicants, including tobacco.

De-Tong Ling Retreat Centre  
Application for Use of Retreat Facilities

This information is confidential between De-Tong Ling Retreat Centre and the applicant. Details will not be revealed to any third party without the express approval of the applicant. We may contact your referee or your retreat supervisor for verification of details.

Name : \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

Phone contact : \_\_\_\_\_ mobile : \_\_\_\_\_

Date of Birth : \_\_\_\_\_ Male / Female (circle) - Ordained Yes / No

Proposed start date: \_\_\_\_\_ Proposed end date: \_\_\_\_\_

Brief description of type of retreat / intended practice(s)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Spiritual Teacher / Retreat Supervisor's name and contact information (this person must be contactable).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Emergency contact name and details \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Details of Buddhist affiliation / organisation / tradition / other : (include contact phone number)

\_\_\_\_\_  
\_\_\_\_\_

Name and contact details of referee \_\_\_\_\_

Do you have any prior retreat experience ? Please outline including details of location, type of retreat (practice), length of time, and whether solitary or group conditions.

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