

De-Tong Ling Retreat Centre
**3rd National 10 Day Lam-Rim Meditation
Retreat**

Venerable Thubten Dondrub

A monk for over 30 years, Venerable Dondrub has led many of the famous one month Lam-rim courses at Kopan in Nepal. His guided meditations on the Lam-Rim (the graduated path to enlightenment) are powerful catalysts to bring about deep, effective change in our hearts and lives.

6pm October 7th until 3pm October 17th, 2010
De-Tong Ling Retreat Centre, Kangaroo Island, SA

De-Tong Ling is a developing retreat centre. Remote yet accessible, its natural bush setting offers abundant silence, pure water and air, and long views out to sea. Accommodation ranges from camping to four star.

Prices include all fully catered meals and accommodation.

Camping: \$385 ~~Dormitory style: \$450~~ ~~Four star: \$590~~

To secure your place, please complete the form below and return with a \$100 booking deposit to: De-Tong Ling Lam-rim retreat, RSD 418 via Kingscote SA 5223

*Please make cheques and money orders payable to 'De-Tong Ling Retreat Centre'
Program and travel details will be forwarded upon receipt of your booking.*

Bookings and enquiries: 08 8559 3276 or 08 8553 2670
or email info@detongling.org

10 day Lam-Rim Meditation Retreat Booking Form

Name: _____

Address: _____

Postcode: _____

Email: _____ Phone : _____

Accommodation option (please tick):

Tent @ \$385 ~~Shared dormitory style @ \$450~~ ~~Four Star @ \$590~~

NB : Financial members of DTL Retreat Centre Inc. receive 10% discount on retreats.

Special dietary requirements / allergies /special needs:

Please note - four star and dormitory accommodation for October 2010 has booked out.

Spaces still available for camping accommodation.

Contact us if you would like to be put on a wait list for dormitory or 4 star accommodation.